

BONUS

Goal Planning Sheet

So you have learned the principles of the Law of Attraction. Consciously apply these principles every day and you can create an amazing life.

Throw out the old S.M.A.R.T. way of goal setting and write down the answers to the following 7 questions.



1. What is your dream/goal/desire?
2. Why do you want it?
3. How is it helping someone else?
4. What do you have to believe in in order to achieve it?
5. How will it make you feel?
6. What action steps do you need to take to get the results?
7. How can you let go and trust? What ways can you tap into the universal magic to help?