

# DAY OF DEPARTURE CHECKLIST

## HAVE AN AMAZING MORNING

- Final check of bags
- Take out garbage
- Turn off all electrical outputs
- Have a hearty and healthy breakfast
- Drink lots of water
- Meditate and breathe deeply
- Journal
- Get to airport early
- Take lots of pics

## LOVE YOUR TRAVELS

- Share pics with us on our social
- Travel with an open heart
- Leave the best of you behind in every place you visit