

5 STEPS TO TRAVEL REALITY



1

FIND YOUR WHY

Remember, when we connect to our why, we tap into a powerful fuel of creation, commitment and action. Use the following questions to help you dig deep into what you want and why.

WHY DO YOU WANT TO TRAVEL TO THIS DESTINATION?

HOW DO YOU WANT THIS TRIP TO MAKE
YOU FEEL AND WHY?

WHY IS IT IMPORTANT FOR YOU TO DO THIS NOW?

2

MANAGE YOUR FEAR

It doesn't matter how strong your why is, if you can't manage your fears, they will take you out of the game. They're sneaky and disguise themselves in various ways, but our fear-busting plan will help you.

1 WHAT'S THE WORST THAT CAN HAPPEN?

You run out of money, you can't find a job, you lose your luggage.

2 MAKE A PLAN FOR THAT WORST CASE SCENARIO

Perhaps you might need plan B and C as well.

3 ACCEPT THE WORST CASE SCENARIO

(it's really not that bad right?)

4 WHAT'S THE BEST THING THAT CAN HAPPEN?

You have the most amazing experiences, you feel fulfilled, you meet the love of your life, you change in such a positive way.

5 ASSESS THE RISK.

Is it worth taking the risk of losing to the worst case scenario if it means you might get the best?

6 MAKE AN ACTION PLAN FOR THE BEST THING.

Follow and believe in it from every step forward.

7 FIND THOSE WHO HAVE WHAT YOU WANT AND LEARN FROM THEM.

3

CREATE A MONEY PLAN

Okay so you can't travel without money, but you can certainly travel on less than you think. Follow the steps below to help you create the money you need for your big adventure!

1 EVALUATE YOUR INCOME AND EXPENSES

Track and analyse

2 DECREASE YOUR EXPENSES

What are you wasting money on? What luxuries can you do without?

Can you source better rates for bills etc?

3 INCREASE YOUR INCOME

.Can you take on more work hours? Work two jobs? Tutor, sell something, rent out a room? Get creative!

4 GROW YOUR SAVINGS

.Now take all that extra money you've saved and earned and put it into your travel savings account on top of the travel savings you've already dedicated to putting away each month.

*DON'T FORGET WORKING
HOLIDAYS*

4

CHOOSE YOUR TRAVEL STYLE

Knowing your travel style will drive all decisions (as will your why) and will help you budget better and craft the travel lifestyle that will give you the most rewards and memories.

backpacking

family

couples

independent

camping

housesitting

gap-year

couch-surfing

volunteer

resorts

guided tours

flashpacking

working holiday

5

RESEARCH THE BEST FIT

This is your dream baby! Yay, the fun stuff. Bring lots of positive energy to it, else it can get tedious! The research is where the magic happens!

where, when, what, how

RESEARCH:

1. Visa opportunities
2. Cost of travel: transport, accomm, food, sightseeing, tours, entertainment
3. Work opportunities
4. Cost of living if working
5. Independent vs guided tour costs and logistics
6. Things to see and do

START BOOKING

This is really happening! Time to leap and cement the commitment. We've got a few booking tips for you + We've put together some easy booking search engines on our site. You can go directly there to book your travel experiences. These are in partnership with brands and booking engine that we love and use the most.

Booking.com

in cooperation with
rentalcars.com

skyscanner

BOOK HERE

MONEY SAVING POSTS



18 tips for saving money on accommodation



19 tips for finding cheap rental cars



21 strategies for finding cheap flights